



PATIENT PREP FOR PET SCAN – DOTATATE (Skull to thigh)

- You can, and are encouraged to, drink fluids up until your appointment as you should be well hydrated.
- Take all medications except **Somatostatin Analogs** (short acting **48 hours prior to exam**, long acting **must be discontinued for 28 days**) as prescribed unless directed otherwise by a physician.
 - **Octreotide (Sandostatin or Sandostatin LAR)**
 - **Lanreotide (Somatuline Depot)**
 - **Pasireotide (Signifor)**
- Wear warm, loose fitting, comfortable clothing. Avoid wearing any metal which cannot be removed prior to the scan such as an underwire bra or pants and/or shirts with snaps and/or zippers.
- If you need pain or anxiety medication, it must be prescribed by a physician and brought with you as it needs to be reviewed and taken when instructed by the technologist.

The technologist cannot prescribe or administer this medication.

What to expect the day of your PET SCAN EXAM

- You will have **an hour** wait time after the injection, during which time you will remain seated within the truck or facility.
- After your wait time, you will be asked to void your bladder as an empty bladder helps the image quality.
- During the imaging portion of your study, you will be asked to lay on your back for **up to 30 minutes** as you pass back and forth through an open scanner.
- The study in its entirety will take **1 to 2 hours**.

No dietary restrictions